

CartWheels Newsletter



Volume 4, Issue 1

Jan/Feb/March 2007

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JOIN US THIS SUMMER FOR TONS OF FUN!

School Age Summer Camps

Ages 5 & up

Full Day Camp – M-F 9:00 am – 3:00 pm (\$170)

½ Day Camp – M-F 9:00 am – 1:00 pm (\$120)

Animal Gymnastics Camp (June 25-29)

Tumbling lions, tigers and bears oh my! We'll explore all types of animals this week! You'll think CartWheels has turned into a petting zoo! Ocean, farm, desert, wildlife and zoo animals!

Cheerleading Tumble/Tramp Camp (July 9-13)

Three Cheers for this camp! Get a head start on learning all about the fun of cheerleading! Combine this with all the flips and jumps you can handle on trampoline. Campers will learn cheers, dances, stunting, tumbling, jumps and much more!

Disney Camp (July 16-20)

Mickey & Minnie, The Lion King, Cinderella, Pocahontas, Ariel, Buzz Lightyear, Cars, Belle, Peter Pan, High School Musical and many more Disney characters are our themes for this camp. We will explore magical lands and exotic places for our activities and crafts this week, and of course gymnastics.

Gymnastics Camp (July 23-27)

You'll flip for this camp! Tumbling, vault, bars, beam, trampoline skills and much more will be emphasized for beginning through advanced campers! Tumble on in and have fun with us! We will have a gymnastics presentation on Friday at 2:00 pm for this camp.

Outdoor Adventure Camp (July 30-Aug 3)

This camp will explore the great outdoors. Activities may include water games, smores, pajama day, Treasure hunt, and of course gymnastics. Activities and crafts will be age appropriate.

Gymnastics Camp (Aug 6-10)

You'll flip for this camp! Tumbling, vault, bars, beam, trampoline skills and much more will be emphasized for beginning through advanced campers! Tumble on in and have fun with us!

Beach Week Gymnastics Camp (Aug 20-24)

Bring your towel, flip flops, and sun visor to this camp. We will learn gymnastics on vault, bars, beam, floor, and trampoline. Join us for water games, and fun in the sun activities at Cartwheels Academy!

Tumbling/Trampoline Camp (Aug 27-31)

Join us for all the flips and jumps you can handle on trampoline. Learn to jump, flip and twist! A great camp for cheerleaders, gymnasts, or anyone interested in having a good time! Beginner through advanced skills will be taught.

Preschool Age Summer Camps

Ages 3, 4 & 5

M-F 9:00 am – 1:00 pm (\$120)

Animal Gymnastics Camp (June 25-29)

Tumbling lions, tigers and bears oh my! We'll explore all types of animals this week! You'll think CartWheels has turned into a petting zoo! Ocean, farm, desert, wildlife and zoo animals!

Disney Camp (July 16-20)

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Preschool camps run in the same facility as the school age camps, but campers are kept separate.

Birthday Party!

Have your next Birthday at
CartWheels Academy! – **NEW LOWER PRICE!**
\$150.00 for up to 20 Kids

Current Students – Schedule your party today
and receive **\$10.00 off!** – Mention this coupon
We provide a 1 ½ hour party complete with gymnastics,
trampolines, and castle moonbounce. You bring the cake
and we will clean up the mess.

A perfect solution for those cold winter days!

More information available at the Front Office.

Gymnastics Inclement Weather Policy

Class cancellations due to inclement weather will be decided the morning of the day of your class. Please call in and listen to our voice mail to find out if your class will be held.

We do not always close when the schools are closed!!!

Session 3

Week 1 Safety week. Children will learn or be reminded about the safety precautions in the gym and at home.

Week 2 Skill week. Kids will start learning the names of the skills they are working on.

Week 3 backwards week. Lets try our skills backwards. This helps to promote back tumbling and adds a fun twist

Week 4 Routine Week. Children will learn about putting skills together for a routine.

Week 5 cartwheel week. Our goal is for every child at CartWheels to learn a cartwheel!

Week 6 evaluation week. We will finish evaluating your child's progress this week

Week 7 challenge week. Can you climb the rope? Do the splits? Do a bridge kickover? Lots of challenges this week.

Week 8 Awards week. Awards during the last 10 minutes of class.

50% OFF

2nd Gymnastics or Tumbling Class

A second class is a great benefit for the kids at CartWheels.

It is fun, promotes fitness, helps your child learn their skills more quickly and will help them to prepare for the Showcase in May!

During Week 1 look for the list of available classes to add a second class for 50% off.

Sign-Up at the Front Office

May 19 ,2007 - 2nd Annual CartWheels Academy Showcase

Sign -up s Begin March 5th



*A show for parents to see their child's progress.
Routines will be taught in Session 3 & 4*

Gymnastics TEAM



The Valentine Exchange

Thanks to all the kids that participated in our class exchange. The cards and candy were lots of fun. Of course Valentine's Day could not be complete without heart push-ups. The seemed to really enjoy push ups when they get to eat chocolate with them!

Welcome

To Performance Team

Libby Watson
Alicia Rohrer
Isabel Longstaff



Upcoming Events

1. CartWheels is closed for Spring Break April 9-14
2. Performance Team will do a group Routine for the Showcase 1&2 and will do an individual routine in Showcase 2 (3pm) on May 19th
3. Pre Team will perform individual routines in a mini meet on May 19th or 20th. Exact date to be announced.



January, February, March Team Birthdays

Maddie Parker 1/16	Kayleigh Walker 2/28
Jordyn Jarvis 2/28	Libby Watson 2/29
Monica Plumb 3/9	Kailee Gregg 3/4

Happy Birthday to You!

Preschool

Registration!

Preschool Registration for 2007-2008!!

Starting February 1st we began closed registration for current CartWheels students only! Open enrollment will begin March 1st, so register now to ensure a spot for your child!

Junior Kindergarten is available for any child turning 5 by Jan. 31.



Inclement Weather Policy

If Powhatan County Schools/BSH are closed, Preschool will be closed.

In the event of a 1 or 2 hour delayed opening, the preschool will start at 10:00 am.

In the case of early dismissal, and the classes are in session, parents are asked to

Pick up their children as soon as possible.



January, February and March Birthdays!

- Ethan Jackson-1/2
- Ethan Kramer-1/3
- Alicia Dern-1/7
- Kenley Fields- 1/16
- Summer Williamson-2/28
- Brandon Eacho-3/6
- Tayauna Ware-3/20



"P" Pajama Pizza Party!
 We will have a fun Party with Pizza, Popcorn, & Pink Lemonade!
 We will all wear our pajamas and bring our favorite stuffed friend!
 Stars-3/8 Rockets & Jets-3/9

What are we learning?
 The Jets, Rockets, Stars have been working on snowflakes, "The Jacket I wear in the snow", "The Hat", "The Mitten", And lots of Hearts! We also played in the "snow"(shavingcream). The Jets and Rockets have been working on letters J, K, L, M, N, & O

Let's Welcome our two new Friends into the Rockets Classroom!
 Ethan Kramer & Tayauna Ware



Lunch Bunch Dates!

March 2, 16, & 30th!

Dates to remember:

- "P" Pajama Pizza Party: Stars-3/8 Rockets & Jets-3/9
- Spring Break-April 9-13

Things to remember!

- Please Exchange your child's extra clothes with clothes for the appropriate weather.
- Walk your child to their classrooms.
- Pick up times: Jets-1:50-2:00
Stars and Rockets- 11:50-12:00
- We try to go outside everyday (if weather permits) please make sure your child dresses for the weather!

Before & After School

Registration!

Registration for 2007-2008!
Closed registration s February 1st for current
CartWheels students only! Open enrollment begins
March 1st, so register now to ensure a spot for
your child!



Inclement Weather Policy

If Powhatan County Schools/Blessed
Sacrament Huguenot (BSH) are delayed
1 hour, we will open at 7:00. If the
schools are delayed 2 hours, we will open
at 8:00. If schools are closed for
inclement weather we will open at 8:00.
Information on inclement weather are in
the parent handbook.

Don't Forget!

- Please check your child's folder everyday.
- Make sure you sign out your child everyday.
- Please make sure you walk your child to their classroom in the morning.

Summer Camps!

**Don't miss out
on the fun! Sign
up now!**

**The fun camps
include:**

Animal Camp
Cheerleading,
Tumbling, Trampoline
Camp
Disney Camp
Gymnastics Camp
Outdoor Adventure
Camp
Beach Week Camp
Tumbling/Trampoline
Camp



January, February, & March Birthdays!

Alicia Dern-1/7/02
Ethan Kramer-1/3/03
Jordyn Jarvis-2/28/98
Annie Kelly-2/17/00
Trenton Tiller-2/25/00
Rilee Wyman-2/1/99
Madison Lindsay-2/6/98
Casey Cole-3/9/00
Reese Wharam-3/9/00

Dates to remember!

- Spring Break- April 9-13
We are closed

CXA All-Stars

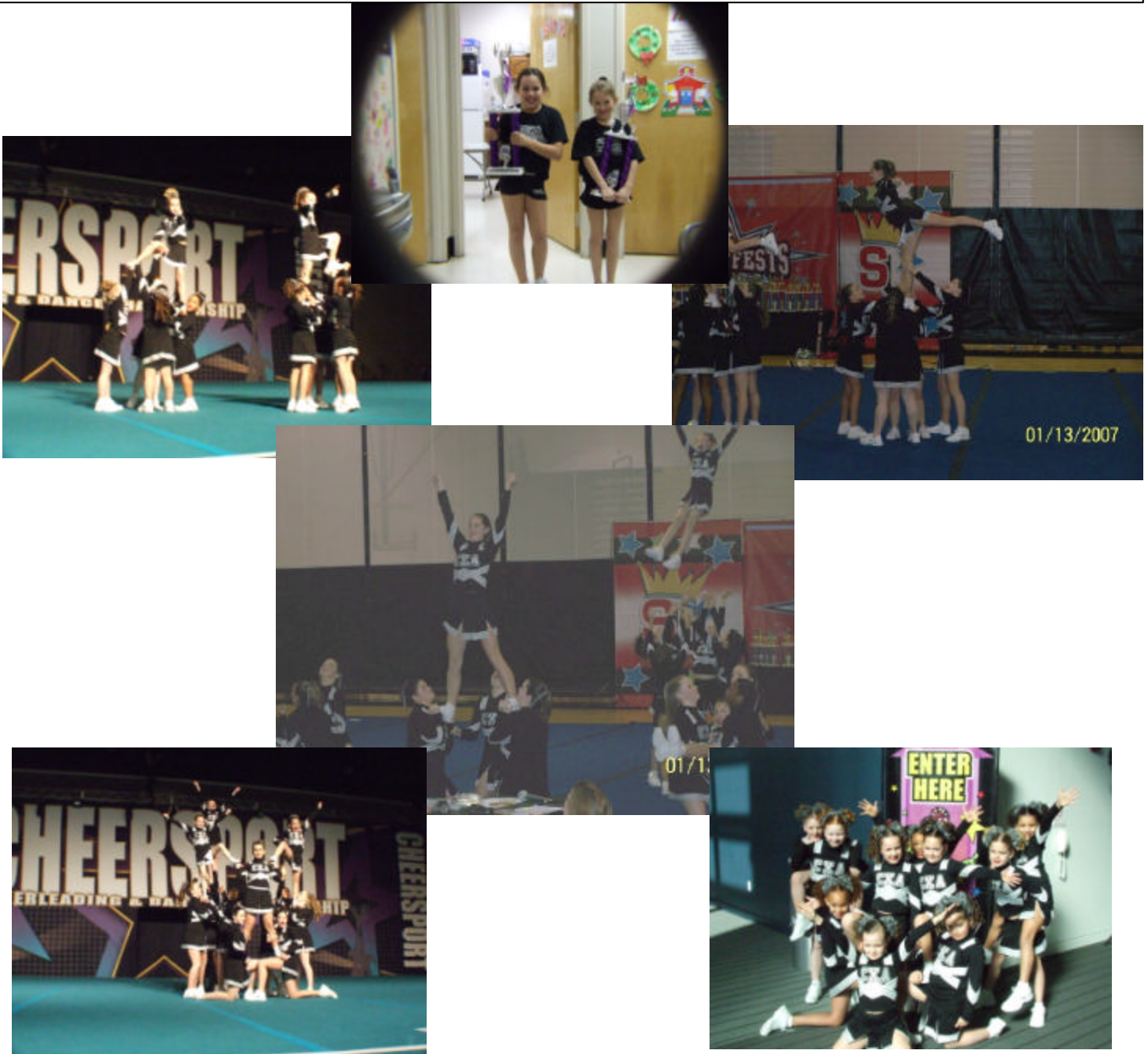
The CXA All-Stars place well at competitions!

RUSH Competition 12/2/06 – Senior squad places 1st and Youth squad places 2nd

Spirit Unlimited 1/13/17 – Both Seniors & Youth squads place 1st!!!

CheerSport 1/20/07 – Seniors place 3rd & Youth place 2nd

JamFest 2/10/07 – Seniors place 1st & Youth place 2nd



CXA Booster Club

FUNDRAISERS!

- Magazine - http://www.magfundraising.com/Cartwheels_Xtreme_All-Stars
- Food Lion MVP - Go to <http://www.foodlion.com/>
 - On the left side of the page, look for "In the Community"
 - Click on "Fundraising"
 - Then click on "Register MVP Cards"
 - Click on "Select Organization"
 - You will put in the State (VA) and the City (Powhatan)
 - Select CartWheels Xtreme All-Stars Boosters
 - Then click on "Add MVP Cards"
 - Put in you MVP card number (12 numbers - it includes the small number on the left and the small number on there right)
 - Put in the rest of your information and then select "Next"

You are done - If you need to you can add additional card numbers.
- www.goodsearch.com — Use this Yahoo powered search engine. With every search, we get \$\$ for the Booster Club. Put CXA Booster Club in the line below the search line and we will get credited to the Booster Club.
- Bulbs – Amy Quicke (Jalie’s Mom) will have info soon.
- Letters to Friends/Family – Please turn in 5 Family/Friends full names and mailing addresses for each child that is on a CXA squad. We will be mailing out a letter asking for a donation. Please turn this in or email to Christy by Thursday, March 1, 2007.

Parent/Child Information

Did you know you can read this newsletter online on our website www.cartwheelsacademy.com?

In case you missed it in class

Check it out online!

Powhatan County Public Schools

Powhatan has recently subscribed to *Group2call* which is an automated service that allows us to quickly notify parents via telephone when schools are closed early due to weather or other emergency situations.

Log on to the Powhatan County Public Schools website at www.powhatan.k12.va.us and click on the *Group2call* link.

You can also sign up to receive an email notice when there is a schedule adjustment. Simply log on to the *Schools Out* website at <http://www.schoolsout.com/view/school/257> and register to receive notices from the Powhatan County Schools!